Sha'alvim for Women מכללת שעלבים לנשים

#### 5775-5776 - Calendar of Kedushat Sheviit for **Common Fruits, Vegetables and Grains**

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#### PLEASE NOTE

- \* Every effort was made to ensure the accuracy of this chart. Please forgive us for any errors.... And please let us know!
- \* A listed month means from the beginning of that month unless otherwise noted (e.g. Kislev mean 1 Kisley).
- \* Produce that has *kedushat sheviit* will always have that kedusha even after the date on the table has passed. For example, once a fruit with Kedushat Shviit is purchased, that specific fruit will have kedusha. These tables are only to determine if new fruit that you are buying has Kedusha.
- \* Canned or preserved products can have *kedushat sheviit* for long after the dates listed on this table.
- \* If the produce you purchase has a *teuda* that is different than the chart below, you must rely on the teuda. The following charts are for cases when there is no teuda.
- \* If you do not see produce listed on this chart, please ask.

## Vegetables

Produce	קדושת שביעית	חיו	ספי	ביעור	Notes		
Froduce	From	From	Until				
Asparagus	Rosh Hashana, 5775	No issur		none	6		
Banana	Rosh Hashana, 5775	No a	issur	none	6		
Broccoli	Rosh Hashana, 5775	Mid-Tevet, 5775	Chanukah, 5776	Sivan, 5775			
Cantaloupe	Rosh Hashana, 5775	Mid-Tevet, 5775	Chanukah, 5776	none			
Carrot	Rosh Hashana, 5775	Mid-Tevet, 5775	Chanukah, 5776	none			
Cauliflower	Rosh Hashana, 5775	End Tevet, 5775	Chanukah, 5776	none			
Cucumber	Rosh Hashana, 5775	Mid-Cheshvan, 5776	End Cheshvan, 5776				
Corn	Rosh Hashana, 5775	Rosh Hashana, 5775	Tevet, 5776		6		
Eggplant	Rosh Hashana, 5775	Mid-Tevet, 5775	Chanukah, 5776	none			
Lettuce	Rosh Hashana, 5775	Rosh Hashana, 5775	Mid-Tishrei, 5776	none	7		
Mushrooms		no Kedushat Shviit					
Olive		See "Olive" in the fruit section					
Onion	Rosh Hashana, 5775	Mid-Adar, 5775	Mid-Shvat, 5776	none			
Peas	Rosh Hashana, 5775	Nissan, 5775	Chanukah, 5776	Tammuz, 5775			
Pepper	Rosh Hashana, 5775	End Tevet, 5775	Chanukah, 5776				
Potato	Cheshvan, 5775	End-Cheshvan, 5775	Chanukah, 5776	none			
Strawberry	Rosh Hashana, 5775	End Shvat, 5775	Chanukah, 5776	Elul, 5775			
Squash	Rosh Hashana, 5775	Mid-Tishrei, 5775	Mid-Tishrei, 5776	none			
Sweet Potato	Rosh Hashana, 5775	Av, 5775	Chanukah, 5776	Adar II, 5776			
Tomato	Rosh Hashana, 5775	End Kislev, 5775	Chanukah, 5776	none			
Watermelon	Rosh Hashana, 5775	Kislev 5775 Chanukah, 5776 No		No ביעור - See	note 6		

### Grains, Nuts, Kitniyot, etc.

Produce	קדושת שביעית		ספיחין		ביעור	Notes	
Troduce	From	Until	From	Until		110168	
Almond	See "Almond" on the fruit table						
Chickpea (Humus)	Mid-Sivan, 5775	End-Iyar, 5776	Mid-Sivan, 5775	End-Iyar, 5776	Mid-Kislev, 5776	1,4	
Cinnamon			See Note 2				

Hazelnut	See Note 2							
Oats/Oatmeal	See Note 2							
Peanuts	Tishrei, 5776	Elul, 5776	Tishrei, 5776	Elul, 5776				
Pistachios		See Note 2						
Popcorn	Mid-Av, 5775	Av, 5776	Mid-Av, 5775	Av, 5776	Mid-Kislev, 5776			
Pumpkin Seeds	No Issur							
Rice	See Note 2							
Sugar	See Note 2							
Soy	See Note 2							
Sunflower Seeds	End-Av, 5775	Av, 5776	End-Av, 5775	Av, 5776	Mid-Kislev, 5776			
Walnuts	See Note 2							
Wheat	See Note 2							

# Fruit

Produce	קדושת שביעית		ספיחין		ביעור	Notes
	From	Until	From	Until		Notes
Avocado	Mid-Kislev, 5775	Mid-Sivan, 5776		•		
Almond	Mid Elul, 5775	End Av, 5776			Mid Shevat 5776	
Apple	End Iyar, 5775	Sivan, 5776			End Tevet 5776	
Apricot	Nissan, 5775	End Nissan, 5776			Elul 5775	
Banana	See "Banana" on the v	egetable table				
Blueberry	No Kedushat Shviit					2
Cantaloupe	See "Cantaloupe" on the	ne vegetable table				
Carob	End Elul, 5775	Tishrei, 5777			Tevet 5776	
Cherry	End Nissan, 5775	Iyar, 5776			Mid Av 5775	5
Banana	See "Banana" on the v	egetable table				
Clementine	Mid Elul 5775	End Av 5776			Nissan 5776	
Date	Mid Av, 5775	Tishrei, 5777			Purim, 5776	1
Etrog	Rosh Hashana, 5775	Nissan, 5776			Nissan, 5776	
Fig	Iyar, 5775	Iyar, 5776			Chanukah, 5776	
Grapes	End Adar 5775	End Adar II, 5776			Pesach 5776	
Grapefruit	Mid Elul 5775	Cheshvan 5776			End Kislev 5776	
Kiwi	End Elul, 5775	Elul, 5776			End Adar II, 5776	
Kumquat	End Tishrei 5776	Tishrei 5777			End Adar I, 5776	
Lemon	Mid Iyar, 5775	End Nissan, 5776	There is	no iggur	Sivan 5776	
Mandarin	Mid Elul 5775	Elul 5776			Nissan 5776	
Mango	End Sivan, 5775	Sivan, 5776	of sfichin	with fruit	End Tevet 5776	
Nectarine	Mid Shevat 5775	End Shevat 5776			End Cheshvan 5776	
Olive, cooking	End Cheshvan 5776	Cheshvan 5776			Shavuot 5776	
Olive, edible	End Elul, 5775	Elul, 5776			Shavuot 5776	
Orange	End Elul 5776	End Cheshvan, 5777			Iyar 5776	
Peach	Shvat, 5775	End Shvat, 5776			Kislev 5776	
Pear	Tammuz, 5775	Mid-Sivan, 5776			Mid-Sivan, 5776	
Persimmon	End Elul 5775	Elul 5776			Tevet 5776	
Pineapple	Tishrei 5775				No Biyur	6
Plum, European (oblong)	Mid Av, 5775	Tishrei, 5777			Kislev, 5776	
Plum, Japanese (round)	Mid Iyar, 5775	Iyar, 5776			Kislev, 5776	
Pomegranate	Av, 5775	Av, 5776			Adar I, 5776	
Pomelo	Mid Elul 5775	Cheshvan 5776	1		End Sivan 5775	
Strawberry	See "Strawberry" on the	ne vegetable table				
Quince	Mid Elul 5775	End Av 5776			End Tevet 5776	
Watermelon	See "Watermelon" on	the vegetable table				
Wine		k label				

#### **NOTES**

- (1) Much of this product is imported from *chutz laaretz*.
- (2) All of this product is imported from *chutz laaretz* and therefore has no Kedushat Shviit.
- (3) Most of this product is imported from *chutz laaretz*.
- (4) Some of this product is produced by non-Jews
- (5) There are two types of cherries and they are often confused: the cherry that is most commonly found in our stores is really a "גודגדן" (Prunus avium=sweet cherry) but is commonly called "דובדבן". The real "דובדבן" (Prunus creasus=sour cherry) is really only used in food manufacturing. For this table we use the former.
- (6) This product exists in the field all year round and therefore has no obligation of biyur.
- (7) Much of this product is grown hydroponically and does not have Kedushat Shviit